

Burbank High School Dance Program
Distance Learning Guidelines
Advanced Dance 3

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Class Description: Dance Production is designated for students who excel in dance performance and choreography. Performances, choreography, staging, costuming, and stage craft will be a large portion of the course. The student must maintain a designated grade point average and good standing in order to perform. Students will be introduced to dance training that includes full body warm-ups, floor work, technical exercises, conditioning, across-the-floor combinations, improvisational activities, and comprehensive phrase work. Students will also learn correct dance terminology and technical execution in reference to contemporary, modern, jazz, hip-hop, lyrical, and ballet techniques and participate in a variety of pieces choreographed by fellow students, guest choreographers, and their instructor. Written assignments will require each student to reflect on and analyze personal technical proficiency and growth, as well as draw connections between class work and other academic areas. Progress-monitoring assessments will be given in the form of movement exams, pep rally rehearsals and performances, quizzes, and personal goals. Students will develop an appreciation for dance as an art form through readings and class discussions on the contributions of dance in history, culture, and society. Students will also be able to recognize the importance of a healthy lifestyle, and how physical fitness can enhance their personal artistries (this class meets Physical Education and Visual and Performing Arts, Dance, State Standards). In addition, students will be expected to participate and perform in school and community-based performances and in at least three annual program productions, the Fall Dance Festival, Senior Dance Showcase, and Spring Dance Concert,. Upon completion of this class, students should have an increased sense of self-confidence, a broader knowledge of dance techniques, enhanced movement capabilities of the body, higher level composition skills, and an individualized sense of personal expression.

Expected Learning Outcomes:

- Students will build technical and fundamental movement skills in dance at the intermediate/advanced level with attention to the daily practice of incorporating expression in conjunction with physical movement.
- Students will develop a sense of self-confidence and personal artistry through given movement phrases as well as in creative/improvisational activities and pep rally performances.
- Students will continue to build a practical understanding of movement efficiency by exploring the body's potential as an instrument for dance, including work developing alignment, strength, flexibility, coordination, balance, and control.
- Students will be able to employ a range of dynamic qualities by engaging in continual exploration, development, and embodiment of their potential within the context of contemporary, modern, jazz, ballet, lyrical, and hip hop dance techniques.
- Students will increase physical strength, stamina, flexibility, and coordination by modeling a positive attitude and daily commitment to the learning process.
- Students will continue to develop the ability to analyze movement proficiency in oneself and others through individual and peer feedback strategies.

Course Materials: All students will be expected to wear the proper dance uniform. Google Classroom, Zoom, and other virtual platforms will be used for our class. See the DANCE PRODUCTION/UNLEASHED DANCE TEAM Dress Code and the Zoom Meeting Procedures & Expectations for further information.

Attendance and Participation: Attendance and participation are essential to the Burbank High School Dance Program & the Unleashed Dance Team. Dance is a participatory activity that requires daily physical participation in order to be successful. Students are expected to attend class regularly, dress in the proper Dance Production Dress Code, and report to class on time. Students are encouraged to leave all negativity at the door, take risks, and try new things. Effort should be made daily and will be evident in the progress a student makes. Dressing out and arriving to the live on time gives the student the opportunity to earn points according to his/her effort in class.

- Students who fail to wear the required uniform will be considered a non-suit and will receive zero participation points for the day. **Students who have 2 or more non-suits in a grading period will receive a “U” in citizenship. Students who have 8 or more non-suits during a semester will receive a “U” in citizenship & will not be in good standing.**

- Students are required to be on time and prepared for every class session since class sessions are considered REHEARSALS. If a student is not present by the end of attendance, it will result in a tardy and a deduction from the student’s participation grade (5 points per tardy). **Students who have 2 or more tardies in a semester will be placed on a tardy contract & will not be in good standing.**

Make-Up Policy: If a student is absent or cannot participate for any reason, he/she will receive “0” points for the day. Unexcused absences and non-suits cannot be made up. Points lost due to excused absences and medical excuses can be made up for full credit by completing an assignment or activity specified by the dance teacher. Any make-up work must be done within the ten-week grading period. **It is a student’s responsibility to contact their teacher for make-up work!** See the Make-Up Policy document on our website.

Medical Excuses: Students who need to be excused or have their activity modified due to illness or other medical reasons need to have an email sent from a parent or guardian on the day of the request, BEFORE THE BEGINNING OF CLASS. A parent note is accepted for a maximum of two days. A doctor must approve medical excuses for more than two days. The doctor note must be emailed to the teacher and school nurse BEFORE CLASS. Students with medical excuses will NOT receive participation points for the day but are allowed to make up those points by contacting their dance teacher within the grading period of the absence. In addition, medically excused students must dress in the full dance uniform unless otherwise specified by the doctor or teacher.

Behavior & Safety Policies: Students are expected to be responsible, respectful, and compassionate. Students must observe and follow all safety rules for their dance class/space. See the Burbank High School Discipline Policies & Procedures and the PBIS Dance Matrix for more detail.

Electronic Device Policies: Students should not bring phones, iPods, or other personal electronic devices to class unless approved by their dance teacher.

Tardy and Academic Honesty Policies: Refer to Burbank High School Policies & understand that each student is held to a higher standard due to the team/extra-curricular status.

Grading Policy

- ***Quality of Participation/Effort – 50%*** If the student arrives on time with a positive attitude, is dressed properly, and participates in all activities, they will receive full participation points for the day (10 points). Participation points may be taken away for lack of effort, profanity, disruption of class, student defiance, or for any other reason at the discretion of the teacher.

- **FIRST SEMESTER: *Dancing with the Staff & The Fall Dance Festival* – 20%** All Dance Production students are expected to participate in **Dancing with the Staff & the Fall Dance Festival** performances. Exact schedules and show contracts will be given at a later date.
- **SECOND SEMESTER: *Senior Dance Showcase & Spring Dance Concert* – 20%** All Dance Production students are expected to participate in the **Senior Dance Showcase & Spring Dance Concert**. Exact schedules and show contracts will be given at a later date.
- **Progress-Monitoring Assessments – 15%** Progress monitoring assessments will be given in the form of a written exam, a movement exam, pep rally/extra rehearsal or performance. Extra performances will be added throughout the year. Movement exams and rallies are videotaped and involve written and verbal feedback from the dance teacher and team/peers along with opportunities for self-reflection. Additionally, students will set semester goals for themselves to improve dance technique and physical fitness. Any written assignments will also be graded as progress-monitoring assessments.
- **Dance Service/Volunteer Hours – 5%** All dancers are expected to complete 10 hours of outside of school dance service hours/volunteer hours. Dancers must have a total of 10 hours between Fall & Spring in order to receive full credit at the end of the second semester.
- **Fitness Activities – 5%** Throughout the semester students will be required to participate in fitness, health & wellness activities, aside from dance.
- **Final Exam – 5%** In December, students will meet with the teacher for a conference regarding their progress and future goals in Dance Production/Unleashed. At the end of each semester, dancers will be given a final exam that has written and physical components. Guidelines will be provided at least a week in advance.

Video/Photography Release: All students will be photographed & videotaped periodically throughout the year for learning purposes. These videos will remain with the dance teacher and not be reproduced or sold. All students will participate in daily performances and large productions, including *Dancing with the Staff*, *Fall Dance Festival*, *Senior Dance Showcase*, and *Spring Dance Concert*, where dancers will be photographed & videotaped, and posted to social media platforms. **When posting to social media, please be aware that sound/music should not be included in any video.**

Physicals & Clearance: Students are required to submit a current physical on the Athletic Emergency/Medical Information & Participation Form, read the BHS Athletics/Activities Handbook (Sports Packet) & submit the clearance signatures to the Activities & Athletics Office. All documents and information can be found on our website.

Unleashed Team Handbook: All parents and students are required to read the Unleashed Team Handbook (Distance Learning) for the current school year and submit the digital signatures. All dancers in Dance Production are part of the Unleashed Dance Team. Participation and selection on the team is an elective option for students and not required for graduation. As such, it has additional responsibilities to be upheld above and beyond general school program requirements. Those not meeting the requirements will be removed from the team – and will receive a drop fail from their Dance Production class.

Website & Google Classroom: All information and documents related to BHS Dance are available on our website: www.burbankhigh.dance or on each specific Google Classroom (please see teacher for code).

Please complete your digital signatures online at: <https://bit.ly/digsigcontract>

Burbank High School Dance Program
DANCE PRODUCTION/UNLEASHED DANCE TEAM
2020-2021 Dress Code

Accepted Tops

- 2020-2021 Unleashed Dance Team Apparel**
- BHS Dance Program Shirt (\$15 through BHS Dance website)
- Plain Black Shirt (must be appropriate & follow school dress code)
- Sweatshirts MUST be UNLEASHED, BHS or BHS Dance, Plain Black, Grey, or White

**Dancers should maintain the quality of the apparel throughout the entire year to wear for various performances/events. If required apparel is lost or stolen it is a dancer's responsibility to purchase another item (at the price given by BHS Dance Program).

Accepted Bottoms

- Plain Black Dance Pants, Sweats, Capri Pants, Leggings, or Shorts (must be appropriate)
- Athletic Shorts (any color) are acceptable for Fitness Days ONLY

Accepted Shoes

- Jazz Shoes
- Dance Paws
- Barefoot

**Running Shoes are required for hip-hop & run days

****Flip-flops, slides, sandals, or boots are never allowed!**

Hair & Jewelry

- Hair that is shoulder length or longer must be secured back from the face
- Jewelry that is a distraction or can cause injury is not allowed and must be removed during dance class

Anything that is not on this list will be considered a NON-SUIT and all participation points will be lost for the day. *Non-suits cannot be made up for credit.* Consistent non-suits (8 or more) will result in a "U" mark for citizenship and further intervention.